COACH'S CORNER - NOTE FROM COACH HOLT

There is an acronym for the word TEAM that says... Together Everyone Achieves More. That short statement sums up the Missouri S&T Miner Volleyball team quite well! Since the start of the program two seasons ago, this strong group of women have truly aspired to work together towards the common goal of helping bring this program towards greatness. The improvement of the players themselves and the team as a whole is quite evident, and very exciting going into this spring non-championship season, and of course our fall 2009 campaign.

So many things and so many people go into building a successful volleyball program. It truly is a TEAM effort every single day, towards putting Miner Volleyball on the map in the Great Lakes Valley Conference and in the NCAA Division II. The many players, coaches, staff, donors, and fans... past, present & future, all leave a very important and lasting mark on what this TEAM has been and is becoming over the course of time! We are excited to see where we end up! Together Everyone Achieves More! That's exactly what we are doing! Thank You Miners & Fans!!

TEAM GPA OVER 3.0 .... 3RD SEMESTER IN A ROW

For the third consecutive semester, the Missouri S&T Volleyball team earned a collective team grade point average (GPA) over 3.0, since the start of the program in the fall of 2007. The 2008 Miners earned a 3.20 during the fall academic semester. Five players on the roster, sophomore Samantha Klump (Ash Grove, Mo./Mechanical Engineering), redshirt freshman Kaci Herron (Jonesboro, Ark./business-marketing) and Kit Spears (Valley Center, Kan./international business) and freshmen Erin Bekebrede (St. Charles, Mo./business & education) and Julie Meyer (Marthasville, Mo./business administration) lead the team with final semester averages of over 3.5 GPA. An additional five players finished the fall semester with over 3.25 GPAs. WAY TO GO MINERS!!

VOLUNTEER ASSISTANT JOINS COACHING STAFF

Former Pittsburg State University standout Sammie Williams has joined the S&T Miner Volleyball coaching staff as a volunteer assistant coach starting this spring and continuing into the 2009 fall season.

Williams, a three-time All-American, finished her career as Pitt State’s all-time kills leader with 1825 kills while also ending her career in the top 10 of six other career record categories, including sets played, attacks, attack percentage, digs, solo and total blocks.

She finished her senior season with a team-best 399 kills for 3.56 kills per set for the Gorillas. She earned both All-South Central Region and first-team All-MIAA honors. Welcome Sammie!

CONSTRUCTION BEGINS ON NEW WEIGHT ROOMS

The Gale Bullman Multi-Purpose building is undergoing some big changes! Construction recently began on a new general student wellness center on southside of Gale Bullman. This change opens up the current weight rooms, which will be completely renovated and filled with all new equipment, to become strictly the use of Missouri S&T athletics. August is the projected open date.

2009 MINER VOLLEYBALL - UPDATE

Spring is always a very busy time for Miner Volleyball, so since our last issue, a lot has been going on with the program. First and foremost, spring saw the loss of four players who have chosen not to return next fall or have moved on to other opportunities. So unfortunately we have to say goodbye to Miner players, Lisa Bradley (Littleton, Colo.), Maddie Owak (Tinley Park, Ill.), Lauren Summerville (Fenton, Mo.) and Chelsea Winkelmann (Phineland, Mo.). They will all be greatly missed! Thank you Brad, Mads, Lauren and Chelsea for everything you did for the Miners!

Recently, we also saw the addition of a new volunteer assistant coach, Sammie Williams (see below left) to the program.

Since the holiday break, the team has been playing away with a tough lifting and conditioning program and in on-court small group sessions, working to get into great shape for the spring and fall seasons.

Hi Everyone,

We have been back at school for a few months now and have been doing our offseason training since late January! This has been a great time for us to break down everything that we need to work on and get better, faster, and stronger. We are lifting and conditioning, working hard and Megan does a great job of mixing up what we do. Everything from weighted pool workouts to pilates and much more. As far as playing goes, after fall season the coaches asked us what we personally wanted to work on and with individuals practices this spring, we really get time to work on the things that we don't have a chance to work on during season. It is also a great time to work with only a few players on the team at a time. With all that said, I would really like to welcome Sammie to our program. Her volunteering her time to help us out is greatly appreciated! Have a good spring! Hope to see you all soon!
The fall of 2009 marks the beginning of the junior season for the Miner Volleyball program at the Missouri University of Science and Technology (Missouri S&T). Head Coach Jason Holt has announced the ‘09 fall schedule for the third year program (see below right), which reports on August 10th.

As its has become a tradition already, the Miners will make their first appearance of the season before their home crowd in the 3rd Annual Gold/Silver Intrasquad scrimmage on Monday, August 24th on the newly named Billy Key Court in the Gale Bullman Multi-Purpose Building, home of Miner Volleyball.

S&T Volleyball will begin their regular season schedule on the road this next fall, with a trip down I-44 to Joplin, Missouri where they will participate in the Missouri Southern State University Invitational. Their first match of the two-day, four-match classic will be against the Savage Storm of Southeastern Oklahoma State. They will also battle against Pittsburg State on the weekend, who finished the 2008 campaign ranked #16 in the nation on the final AVCA Division II Coaches Top 25 poll.

The Miners will then open their home season against the Bison of Harding University from Searcy, Arkansas on Tuesday, September 1st. This will be the first of 11 home matches on the year.

S&T will spend the next two weekend on the road with two highly competitive matches, playing a total of eight matches. First, the Miners will head north to St. Cloud State University (Minn.) where they will face two Top 25 ranked teams from a year ago, both from the state of Nebraska, Wayne State College (#25) and the University of Nebraska-Kearney (#6). The next weekend, the Miners will head to Nebraska to scrimmage, when they play in the Maverick Fall Classic at the University of Nebraska-Omaha.

Missouri S&T Volleyball will open their Great Lakes Valley Conference (GLVC) schedule at home on September 25th when the Miners host Saint Joseph’s College and the University of Indianapolis. The new look GLVC (see page 3) will play a single round robin in 2009, with the Miners playing seven home and seven away matches within conference play.

For the second year in a row, the Miners and all of the GLVC will take part in the GLVC/GLIAC Crossover Tournament: The 15-team GLVC and the 12-team GLIAC (Great Lakes Intercollegiate Athletic Conference) competition, along with three non-region teams will converge in Lansing, Michigan for the 30-team battle, which is said to be the largest collegiate volleyball tournament in the country at any level. Each team will play three matches from the opposing conference.

Again, come show your support this fall for the Miners as they continue to grow and climb as a team in the GLVC and the NCAA. Help keep our GLVC-leading attendance marks up! Go MINERS!!!

Missouri University of Science and Technology | MINER VOLLEYBALL

**Recent & Upcoming Miner Birthdays**

- Hope Mccroby .......................... January 31st (20)
- Katie Herington ....................... February 1st (20)
- Ath. Trainer Justin Drake ....... March 10th (20)
- Kit Spears .............................. March 15th (20)
- Julie Meyer .............................. April 9th (19) >>
- Asst. Coach Megan Laws .......... April 11th (25)
- Samantha Klump ...................... April 13th (19)
- Vol. Asst. Coach Sammie Williams .. May 3rd (22)
- Annie Smith ............................ May 9th (20)
- Tony Smiley ............................ May 12th (21)
- Lynsey Jorgenson ...................... May 22nd (22)

**HAPPY BIRTHDAY MINERS!**

**2009 FALL SCHEDULE IS ANNOUNCED**

**2009 MINER VOLLEYBALL / SPRING ROSTER**

<table>
<thead>
<tr>
<th>#</th>
<th>Name</th>
<th>Yr.</th>
<th>Ht.</th>
<th>Pos.</th>
<th>Hometown/Prev. School</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Annie Smith</td>
<td>So.</td>
<td>5-5</td>
<td>DS</td>
<td>Ronissant, MO/Omaha Word</td>
</tr>
<tr>
<td>2</td>
<td>Bridget Williams</td>
<td>So.</td>
<td>5-4</td>
<td>L</td>
<td>Topeka, KS/KS/Hayden</td>
</tr>
<tr>
<td>3</td>
<td>Leandra Pelae</td>
<td>So.</td>
<td>5-10</td>
<td>OH</td>
<td>Dunlap, IL/Dunlap</td>
</tr>
<tr>
<td>4</td>
<td>Hope Mccroby</td>
<td>So.</td>
<td>6-1</td>
<td>MH</td>
<td>Morton, IL/Morton</td>
</tr>
<tr>
<td>5</td>
<td>Jessica Laughary</td>
<td>So.</td>
<td>5-7</td>
<td>OH</td>
<td>Wheaton, MO/Wheaton</td>
</tr>
<tr>
<td>6</td>
<td>Danielle Kracl</td>
<td>Fr.</td>
<td>5-7</td>
<td>S</td>
<td>Omaha, NE/Omaha Burke</td>
</tr>
<tr>
<td>7</td>
<td>Kit Spears</td>
<td>Fr.</td>
<td>6-0</td>
<td>OH</td>
<td>Valley Center, KS/Valley Center</td>
</tr>
<tr>
<td>8</td>
<td>Tony Smiley</td>
<td>So.</td>
<td>5-7</td>
<td>S</td>
<td>Springfield, MO/Glendale</td>
</tr>
<tr>
<td>9</td>
<td>Lynsey Jorgenson</td>
<td>Jr.</td>
<td>6-0</td>
<td>MH</td>
<td>St. Louis, MO/Lindbergh</td>
</tr>
<tr>
<td>10</td>
<td>Katie Herington</td>
<td>So.</td>
<td>5-6</td>
<td>MH</td>
<td>Kalona, IA/Mid-Prairie</td>
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<tr>
<td>11</td>
<td>Erinn Bekebrede</td>
<td>Fr.</td>
<td>6-0</td>
<td>OH</td>
<td>St. Charles, MO/Chesapeake</td>
</tr>
<tr>
<td>12</td>
<td>Samantha Klump</td>
<td>So.</td>
<td>5-1</td>
<td>MH</td>
<td>Ash Grove, MO/Homeschool</td>
</tr>
<tr>
<td>13</td>
<td>Kaci Herron</td>
<td>Fr.</td>
<td>6-0</td>
<td>RS</td>
<td>Jonesboro, AR/Jonesboro</td>
</tr>
<tr>
<td>14</td>
<td>Jennifer Kegler</td>
<td>Fr.</td>
<td>5-5</td>
<td>S</td>
<td>Ballwin, MO/Co/Des Moines</td>
</tr>
<tr>
<td>15</td>
<td>Julie Meyer</td>
<td>Fr.</td>
<td>5-10</td>
<td>OH</td>
<td>Marshallville, MO/Borgia</td>
</tr>
</tbody>
</table>

**Head Coach:** Jason Holt (3rd year)

**Assistant Coach:** Megan Laws (2nd year)

**Volunteer Asst. Coach:** Sammie Williams (1st year)

*Note: The Schedule is Tentative. Subject to Change. As of 3/1/09*

**2009 MINER VOLLEYBALL / FALL SCHEDULE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Opponent/Tourn</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 24 Mon.</td>
<td></td>
<td>Missouri S&amp;T</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Aug. 26 Wed.</td>
<td>Fri-Sat.</td>
<td>Mo. Southern Tourn.</td>
<td>Joplin, Mo.</td>
<td>1p</td>
</tr>
<tr>
<td>Aug. 26 Wed.</td>
<td>Fri.</td>
<td>vs. Southeastern Oklahoma St.</td>
<td>Joplin, Mo.</td>
<td>1p</td>
</tr>
<tr>
<td>Sept. 1 Tue.</td>
<td></td>
<td>Nebraska S&amp;T</td>
<td>Omaha, Neb.</td>
<td>5p</td>
</tr>
<tr>
<td>Sept. 1 Tue.</td>
<td></td>
<td>Nebraska S&amp;T</td>
<td>Omaha, Neb.</td>
<td>5p</td>
</tr>
<tr>
<td>Sept. 1 Tue.</td>
<td></td>
<td>vs. Central Methodist</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Sept. 15 Tue.</td>
<td></td>
<td>vs. Missouri S&amp;T</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Sept. 19 Fri.</td>
<td></td>
<td>vs. Quincy*</td>
<td>Quincy, Ill.</td>
<td>6p</td>
</tr>
<tr>
<td>Sept. 19 Sat.</td>
<td></td>
<td>vs. Illinois/Springfield*</td>
<td>Springfield, Ill.</td>
<td>1pm</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Columbia*</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Missouri S&amp;T</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Indiana*</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Wisconsin/Parkside*</td>
<td>Kenosha, Wis.</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Romeoville, Ill.</td>
<td>Missouri S&amp;T</td>
<td>3p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. St. Louis, Mo.</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Rockhurst*</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Drury*</td>
<td>Missouri S&amp;T</td>
<td>3p</td>
</tr>
<tr>
<td>Oct. 16 Thurs.</td>
<td>Fri-Sat.</td>
<td>GLVC GLIAC Crossover</td>
<td>Lansing, Mich.</td>
<td>3p</td>
</tr>
<tr>
<td>Oct. 20 Tue.</td>
<td></td>
<td>vs. Missouri-St. Louis*</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Harding</td>
<td>Searcy, Ark.</td>
<td>5p</td>
</tr>
<tr>
<td>Oct. 24 Sat.</td>
<td></td>
<td>vs. Kentucky Weslyan*</td>
<td>Owensboro, Ky.</td>
<td>7p</td>
</tr>
<tr>
<td>Oct. 31 Sat.</td>
<td></td>
<td>vs. Southern Indiana*</td>
<td>Evansville, Ind.</td>
<td>3p</td>
</tr>
<tr>
<td>Nov. 3 Tue.</td>
<td></td>
<td>vs. William Woods</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Nov. 6 Fri.</td>
<td></td>
<td>vs. North Kentucky*</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
</tr>
<tr>
<td>Nov. 7 Sat.</td>
<td></td>
<td>vs. Bellarine*</td>
<td>Missouri S&amp;T</td>
<td>3p</td>
</tr>
<tr>
<td>Nov. 13 Fri-Sun.</td>
<td></td>
<td>vs. Great Lakes Valley Conference</td>
<td>Missouri S&amp;T</td>
<td>TBD</td>
</tr>
<tr>
<td>Nov. 19-22 Thu-Sat.</td>
<td>NCAA Volleyball Regional Tourney</td>
<td>Missouri S&amp;T</td>
<td>7p</td>
<td></td>
</tr>
<tr>
<td>Dec. 3-5 Thu-Sat.</td>
<td>NCAA Division II Elite Eight Tourney</td>
<td>Missouri S&amp;T</td>
<td>TBD</td>
<td></td>
</tr>
</tbody>
</table>

* - Great Lakes Valley Conference (GLVC) Matches

**All Times Local**

**GO MINERS!!!**
GLVC ADDS TWO NEW MEMBERS IN 2009

The Great Lakes Valley Conference (GLVC) has announced that Maryville University (St. Louis, Mo.) and the University of Illinois Springfield have been admitted to the Conference bringing the league’s membership to 15 institutions.

The two institutions will begin regular season competition in the GLVC during the 2009-10 academic year. UIS will be eligible for postseason competition in 2010-11, while Maryville will compete for postseason championships in 2011-12.

The delay in postseason eligibility coincides with the institution’s eligibility for NCAA Division II championships as each is completing reclassification to Division II. UIS, previously affiliated with the National Association of Intercollegiate Athletics (NAIA) is in its second exploratory year in Division II, while Maryville is currently in its first exploratory year as it makes the transition from NCAA Division III.

Both volleyball teams will play a full GLVC volleyball schedule this fall, including participating in the 2009 GLVC-GLIAA Crossover Tournament in Lansing, Michigan for the first time. Missouri S&T Volleyball will be at Illinois-Springfield on Sept. 19th and at Maryville on Oct. 6th during the 2009 fall campaign.

MINERS’ SET CAR WASH & BBQ FOR THE SPRING

On May 2nd, the Miner volleyball players and coaching staff will be out in force to raise money for the program by sponsoring its 3rd Annual Miner Volleyball Car Wash. Last year’s car wash netted over $1,200 for the S&T volleyball program.

The car wash will take place this year from 8am-4pm at Kroger Supermarket at 605 West 4th Street (at the corner of North Bishop Ave. & Kings Hwy).

In addition to the car wash, the Miners plan to host two Miner BBQs this spring. April 18th at the Gullifield as part of the Spring Thaw tournament and during the above mentioned car wash at Kroger’s.

So, if you are in the Rolla area on April 18th or May 2nd please make sure to come by and get your ride nice and clean, down on some munchies and hook yourself up with a sweet volleyball tee! Hope to see you there!

BEBEKREDE JOINS SAAC AS VOLLEYBALL REP

Freshman outside hitter Erin Bekebrede (St. Charles, Mo.) replaces Maddie Owak (Tinley Park, Ill.) as one of the two volleyball representatives joining along with junior middle hitter Lynsey Jorgenson (St. Charles, Mo.) on the S&T Student-Athlete Advisory Council (SAAC).

Each S&T team selects two representatives who help provide insight on the student-athlete experience for all Miner athletes as well as provide assistance and information about NCAA rules, regulations and policies that affect student-athlete’s lives.

MISU VOLLEYBALL GEAR - HUGE SALE!!!!

Miner Volleyball is having a HUGE SALE on Missouri University of Science & Technology (Missouri S&T) Miner Volleyball apparel & gear. Get yours now & to cheer on the Miners in S&T Style!

If you are interested in purchasing some of our Missouri S&T Volleyball items, please contact the Miner Volleyball Office at (573) 352-4721 or marrz@mst.edu or available sizes & ordering.

Items on Sale:

- ALL Miner Volleyball Short Sleeve T-Shirts * (green/vegas gold, black/silver & pink/green/white) $15.00 (S-XL) $7.00 / $17.00 (2XL-3XL) $9.00
- Miner Volleyball Long Sleeve T-Shirt * (black/silver ONLY) $19.00 (S-XL) $9.00 / $29.00 (2XL-3XL) $19.00
- 2008 Miner Volleyball Media Guide $5.00
- 2008 Miner Volleyball Autograph Card included for all purchases. (autographs not included).

* There will be a $3.00 shipping & handling charge for marked mailed items.
Missouri S&T Miner Volleyball is in its 2nd Annual OPERATION VOLLEYBALL ‘Support the Miners’ fundraising program for the 2008-09 year. The objective is to raise support opportunities for the success of the volleyball program. In order to secure the best possible playing environment for our program, we are asking supporters to donate to the Miner Volleyball program through tax-deductible monetary donations (receipts for taxes/records will be sent).

Funds raised through this program will be used to offset costs for the program: travel, uniforms, equipment, locker room/office space renovations, team building activities & more. Supporters who donate can choose to receive support awards in return for their donation to the program, depending upon the level of sponsorship. THANK YOU FOR YOUR SUPPORT!!

Support Levels Awards (below)  

$25  $50  $100  $200  $500  $1000+  

L1  L2  L3  L4  L5  L6  L7

Above Plus:  
• Miner VB Yearly Newsletter (4 issues) & Recog. in Media Guide
Above Plus:  
• 2007 & 2008 Miner Volleyball Media Guides
Above Plus:  
• Miner Volleyball T-Shirt (FMV $35)
Above Plus:  
• Framed/Personalized Team Photo (FMV $85)
Above Plus:  
• S&T Miner Volleyball (FMV $10)
Above Plus:  
• Miner VB Hooded Sweatshirt (FMV $25)

Operation Volleyball ‘09 SUPPORT FORM (cut out & return)

I would like to Support the 2009 Missouri S&T Miner Volleyball team, at the following Level (check one & if want to receive the support awards tied to that donation level):

Donation Levels:  

Level 1 ($25 - $49)  Yes  No
Level 2 ($50 - $99)  Yes  No
Level 3 ($100 - $199)  Yes  No
Level 4 ($200 - $499)  Yes  No
Level 5 ($500 - $999)  Yes  No
Level 6 ($1,000+)  Yes  No

Name: _____________________________________________________
Address: ___________________________________________________
City: ____________________________ State: _______ Zip: __________
Home Phone: ___________________ Cell Phone: ___________________
Email: _____________________________________________________

T-Shirt Size (circle):  
Sm.  Med.  Lg.  X-Lg.  2XLg.  3XLg.

Sweatshirt Size (circle):  
Sm.  Med.  Lg.  X-Lg.  2XLg.  3XLg.

Method of Payment:  
Check/Money Order  MasterCard  Discover
Cash  Visa

Credit Card Number: ______________________  ExpDate: ____ / ____
Signature: __________________________________________________

Please make checks/money orders payable to Missouri S&T Volleyball. Send all donations to: Miner Volleyball Office, 705 W. 10th St., Rolla, Mo. 65401.